

WIDE BAY SWIMMING'S WINTER SHORT COURSE CHAMPIONSHIPS

31ST JULY & 1ST AUGUST 2010
HERVEY BAY AQUATIC CENTRE

Dear Secretary/Team Manager

We are proud to be hosting our 4th SC Championships and look forward to welcoming you to beautiful Hervey Bay - even in winter! The following information will assist you in planning your weekend. Please contact us if we can assist you in any way.

Meet Manager/Team Manager files can be accessed from www.widebayswimming.org.au.

Nominations can be posted or emailed. Please note the closing date.

NOMINATIONS CLOSE WEDNESDAY 21 JULY. NO LATE NOMINATIONS PLEASE!

Features of the carnival include:

- Lunchtime start on Saturday and lunchtime finish on Sunday.
- Semi Automatic timing.
- Nominations \$5.00 per event.
- Dash for Cash events.
- Pool entry \$2.00 per person. Non-swimmers 7yrs & under and swimmers are free.
- Hervey Bay Aquatic Centre will have lanes for warm up in the 50m pool.

FOOD: Hervey Bay SC will be hosting a BBQ both Saturday from lunchtime and Sunday. Breakfast will be on sale Sunday morning.

If you have any questions please contact:

Meet Director – Michele Watson – ph 41 512655 or 0431 254 994
(email michelewatson@widebayswimming.org.au)

Wide Bay Swimming's
Short Course Championships
31st July & 1st August 2010
Venue – Hervey Bay Aquatic Centre

Saturday – 1.00pm (Warm-up 12noon)

Sunday – 8.30am (Warm-up 7.30am)

M	W	Age	Dist	Stroke		M	W	Age	Dist.	Stroke
1	2	Open	50m	Breast		35	36	Open	50m	Fly
3	4	Open	400m	Ind. Medley		37	38	Open	1500m	Freestyle
5	6	11&O	200m	Backstroke		39	40	Open	800m	Freestyle
7	8	MC	50m+	Breaststroke		41	42	11&O	200m	Breaststroke
9	10	8-10	50m*	Breaststroke		43	44	8 - 10	50m*	Freestyle
11	12	11&O	100m#	Breaststroke		45	46	11& O	25m	Freestyle
13	14	MC	50m+	Backstroke		47	48	8 -10	100m	Ind. Medley
15	16	8-10	50m*	Backstroke		49	50	11&O	200m	Butterfly
17	18	11&O	100m#	Backstroke		51	52	11&O	100m#	Freestyle
19	20	Open	400m	Freestyle		53	54	10yrs	50m	Freestyle
21	22	MC	50m+	Butterfly		55	56	11yrs	50m	Freestyle
23	24	8-10	50m*	Butterfly		57	58	12yrs	50m	Freestyle
25	26	11&O	100m#	Butterfly		59	60	13yrs	50m	Freestyle
27	28	11&O	100m	Ind. Medley		61	62	14yrs	50m	Freestyle
29	30	MC	50m+	Freestyle		63	64	15&O	50m	Freestyle
31	32	8-10	100m	Freestyle		65	66	Open	200m	Ind. Medley
33	34	11&O	200m	Freestyle		67	68	Open	50m	Breast
End Saturday Program										

NOMINATIONS \$5.00 per event

Nominations close Wednesday, 21 July 2010

Post noms to 11 Kristen Close Buderim 4556

Email: janjopson@widebayswimming.org.au

Conditions of Entry:

1. All competitors must be registered with Swimming Queensland at time of nomination.
2. The carnival will be conducted under Swimming Queensland rules.
3. Junior Rule Tolerances do not apply
4. All entries to be submitted by Club Race Secretaries on nomination forms provided or through team manager. No late entries accepted. **NOMINATIONS CLOSE WEDNESDAY, 21 JULY 2010.**
5. Date of birth must be shown. Age group for swimmers will be calculated as at the first day of the meet.
6. Race secretaries are to ensure swimmers' DOB and nominated times are accurate.
7. Entry fees must accompany nominations. Cheques should be made payable to Wide Bay Regional Swimming Association Inc. **NO MONIES WILL BE RETURNED FOR INCORRECT NOMINATIONS.**
8. Individual medley races consist of equal distances of butterfly, backstroke, breaststroke and freestyle in that order.
9. Swimmers **must** swim in their allotted lanes.
10. Events/heats may be combined at the discretion of the Referee. Heats may not be reseeded.
11. Placings will be decided on the fastest times in heats of all events. There will be no finals. Medals will be presented for 1st, 2nd & 3rd best times in events for open events. Medals will be presented for 1st, 2nd & 3rd in 8, 9, 10, 11, 12, 13, 14 and 15 & Over age groups for all combined age group events.
12. Event order can be changed at the discretion of the referee.
13. Age Champions will be presented in each age group 8 yrs to 15 & Over & MC. 8,9,0 yrs age champions events are 50m events. 11,12,13,14,15 & Over age champion events are events 9 & 10, 17 & 18, 25 & 26 and 47 & 48. Swimmers 12 & under must swim all four events to be eligible for age champion. Swimmers 13 and over do not need to swim all four events. In the event of a tie the swimmer with the closest percentage of the QLD record will be the winner.

CONTACTS: Michele Watson ph 41 512655 or 0431 254 994 (Meet Director)

2010 Wide Bay Short Course Championships Declaration Form

This form must be signed by the Club Secretary/Race Secretary and returned with nominations. **Nominations cannot be accepted without this declaration:**

On behalf of theSwimming Club, I certify that the competitors nominated for the Wide Bay Short Course Championships to be held on Saturday 31st July and Sunday 1st August 2010:

1. Are all registered with Swimming Queensland for the 2010/2011 season.
2. Each date of birth is correct.
3. Times entered are accurate and current.

Enclosed is cheque for the amount of \$..... being for entries @ \$5.00 each.

Race/secretary:..... Name:
(Signature) (Please print)

Contact Phone No:..... Email address:.....

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NOMINATION FORM 2010 Wide Bay Short Course Championships

CLUB _____

NAME: _____ DOB _____ M / F _____ AGE: _____

Event No	Stroke	Distance	Time	Achieved At

**Please return this form with nominations and fees to:
Race Secretary, Jan Jopson, Wide Bay Swimming. 11 Kristen Close, Buderim, QLD 4556**

Meet Director: Michele Watson Tel: 4151 2655 or 0431 254 994