

WIDE BAY REGIONAL SWIMMING ASSOCIATION INC
AFFILIATED WITH SWIMMING QUEENSLAND



**2012 MC DONALD'S
WIDE BAY REGIONAL CHAMPIONSHIPS**

**HERVEY BAY AQUATIC CENTRE
HERVEY BAY**

2 MARCH – 4 MARCH 2012

PROGRAM OF EVENTS

2012 WIDE BAY REGIONAL CHAMPIONSHIPS 2 MARCH – 4 MARCH 2012

- Venue:** Hervey Bay Aquatic Centre,
- Meet:** Wide Bay Championships is open to all registered members of clubs affiliated with the Wide Bay region
- Age:** Age is at the first day of competition, i.e 2nd March 2012. Athletes cannot swim “up” an age in individual events. Minimum age to compete in individual & relays is 9 years. Minimum age for 1500m, 800m, 400m, 200m Breaststroke, 200m Butterfly, 200m Backstroke and 200m Freestyle is 11 years.
- Rules:** All Swimming Queensland rules and Wide Bay Championship rules apply.
- Entries:** Entries must be submitted by the club Secretary/Race Secretary/Nominations Officer via Team Manager or Official Nomination form and emailed to Rose (email: nominations@widebayswimming.org.au) Please ensure that all details including “place and date qualifying time was achieved are completed”. Enquires Ph Rose 0408 152 428

Qualifying times can be used from 1 January 2011, but excludes school swimming times.

Race Secretaries

Please ensure your Team Abbreviation in Team Manager is as per the SQ list of team abbreviations

<https://www.clubsonline.com.au/console/customitem/attachments/MMClubCodes.pdf>

All entries must meet the qualifying times as listed & be obtained at a LC qualifying meet (this excludes school swimming times), except 9 years age group which may obtain qualifying times at a LC or SC qualifying meet.

Should a competitor fail to meet the qualifying time he/she will not be awarded a medal, and a \$50.00 fine will be imposed. Clubs who can verify swimmers have attained the qualifying times prior to the championships will receive an exemption.

Multi-disability entries should clearly state the swimmer’s disability classification code.

All Multi-disability events will be conducted as Timed Finals in the heats sessions.

All 50m & 100m events will be conducted as heats & Finals except ***events for competitor’s aged 9 & 10 years*** which will be conducted as Timed Finals only in the heats sessions

Straight Finals

Some 50m and 100m events may become straight finals. These events will become apparent once nominations close. Swimmers are required to marshal for these events during the heats session as normal. The finals will be conducted as per the program. (In the finals sessions).

All events 400m, 800m & 1500m will be conducted as timed finals in the heats sessions.

All 200m events will be conducted as Multi Age events and swum as timed finals in the heats sessions. Medals will be awarded to each of the following age groups:

11, 12,13,14,15,16 and 17 & Over.

Relays: A maximum of two teams per club may be entered in each relay. Nomination and payment must be received by Monday 20 February 2012. Names of relay swimmers must be submitted by 11.00am on Saturday 3rd March, 2012 for the Freestyle relay and Medley relay. Relay swimmers must swim in an individual event to be eligible to swim in the relay events. **The Champion Relay Club will also be decided at 'Wide Bay LC Championships.**

Awards: Medals will be awarded to all individual place-getters. Finalist certificates will also be awarded, but will be posted to clubs. Points & medals will not be awarded if qualifying times are not met.

Age Champions: Aggregate trophies will be awarded to the winners of each age group. This will be based on a points system of 6, 3, 1 for 1st, 2nd, and 3rd.

Age Champion events are:-

SWD & 9 yrs = 50m Freestyle, Breaststroke, Backstroke & Butterfly
10,11,12,13,14,15,16,17 & Open age groups =100m Freestyle, Breaststroke, Backstroke & Butterfly

Swimmers 12 & Under must compete in all 4 events to be eligible for age champion. Swimmers 13 & Over are not required to compete in all 4 events to be eligible for age champion.

In the event of a tie, the swimmer with the highest percentage of a record will receive age champion. Eg. If 2 swimmers have the same points and their individual percentages are;

Swimmer 1: 92%, 90%, 85%, 102%

Swimmer 2: 95%, 95%, 95%

Swimmer 1 will win age champion has that swimmer has the highest individual percentage (102%).

Percentage is calculated at:

9 years & 10 years Wide Bay Record record / time swam x 100.

11years and above QLD Record / time swam x 100

ENTRY FEES & CLOSING DATES:

- Individual events: \$6.50
- Relays: \$20.00
- The closing date for nominations will be **8.00pm MONDAY 20 February 2012. Nominations will NOT be accepted after this time.**
- Email nominations to **nominations@widebayswimming.org.au**
- Entries, report & chq should be forwarded to: -

The Race Secretary
Wide Bay Regional Swimming Assoc Inc
PO BOX 4309
Bundaberg South QLD 4670

Payment Methods

Cheques: Please make cheques payable to Wide Bay Regional Swimming Cheque Association. Must be posted with hard copies and posted to PO Box 4309 Bundaberg South QLD 4670

Direct Deposit:

Westpac Bank
Wide Bay Regional Swimming Association
BSB: 034 122
Account No: 554 007
Please include name of club as reference number

CLUB SPIRIT AWARD:

Support your club swimmers at the 'Wide Bay Swimming Championships' and be in the running to win for your club \$100 first place and \$50 second place. The Cheques are presented at the Wide Bay Presentation Dinner.

TECHNICAL OFFICIALS:

Parents are encouraged to continue with their individual accreditations at the Championships. Please complete the 'Covering Nomination Form' or contact David Towner to advise which Technical Official positions parents wish to continue accreditations in. A roster for all Technical Official positions will be posted on the website in the weeks prior to the championships.

2012 WIDE BAY REGIONAL CHAMPIONSHIPS FIRST SESSION

Friday evening, 2nd March 2012

Warm-up: 6.00pm

Start: 6.30pm

FRIDAY EVENING				
M	W	AGE	DIST	STROKE
1		Open	1500m	Freestyle
	2	Open	800m	Freestyle
3	4	9-99	200m	IM (Multi Disability)
5	6	Open	400M	IM

SECOND SESSION

Saturday Morning 3rd March 2012

Warm- up: 7.30am, Start: 8.30am

SATURDAY 1 ST SESSION				
M	W	AGE	DIST	STROKE
7	8	Open	400m	Freestyle
9	10	9-99	50m	Butterfly (Multi Disability)
11	12	11	100m	Breaststroke
13	14	12	100m	Backstroke
15	16	13	100m	Butterfly
17	18	14	100m	Freestyle
19	20	15	100m	Backstroke
21	22	16	100m	Butterfly
23	24	17	100m	Breaststroke
25	26	Open	100m	Backstroke
27	28	9-99	50m	Breaststroke (Multi Disability)
29	30	9	50m	Butterfly
31	32	10	100m	Butterfly
33	34	11 & O	200m	Breaststroke Medals awarded 11,12,13,14,15, 16,17 & Over

M	W	AGE	DIST	STROKE
35	36	Open	50m	Freestyle
37	38	9-99	50m	Freestyle (Multi Disability)
39	40	9	50m	Backstroke
41	42	10	100m	Backstroke
43	44	11	100m	Freestyle
45	46	12	100m	Breaststroke
47	48	13	100m	Backstroke
49	50	14	100m	Breaststroke
51	52	15	100M	Butterfly
53	54	16	100m	Freestyle
55	56	17	100m	Freestyle
57	58	Open	100m	Breaststroke
59	60	9-10	200m	IM Medals awarded 9 & 10
61	62	9-99	50m	Backstroke (Multi Disability)
63	64	11 & O	200m	Backstroke Medals awarded 11,12,13,14,15, 16,17 & Over

THIRD SESSION – FINALS

Saturday Evening

Warm Up 4pm. Start 5pm

(times confirmed in info sheet posted on WB website once noms close)

Saturday Evening Finals Session <i>Please note the order of final events</i>				
F25	F26	Open	100m	Backstroke
F11	F12	11	100m	Breaststroke
F13	F14	12	100m	Backstroke
F15	F16	13	100m	Butterfly
F17	F18	14	100m	Freestyle
F19	F20	15	100m	Backstroke
F21	F22	16	100m	Butterfly
F23	F24	17	100m	Breaststroke
F35	F36	Open	50m	Freestyle
F43	F44	11	100m	Freestyle
F45	F46	12	100m	Breaststroke
F47	F48	13	100m	Backstroke
F49	F50	14	100m	Breaststroke
F51	F52	15	100M	Butterfly
F53	F54	16	100m	Freestyle
F55	F56	17	100m	Freestyle
F57	F58	Open	100m	Breaststroke
F65	F66	9-13	4x50m	Freestyle Relay
F67	F68	9-99	4x50m	Freestyle Relay

Club Spirit Award: First place \$100 Second place \$50

**Remember
to be selected for the
Wide Bay Achievers Squad
or the
Wide Bay Early Achievers squad
you need to compete at
McDonalds 2012 Wide Bay LC Championships.**

FOURTH SESSION

Sunday Morning 4th March 2012

Warm-up 7.00am Start 8.00am

SUNDAY 1 ST SESSION				
M	W	AGE	DIST	STROKE
69	70	11 & O	200m	Freestyle Medals awarded 11,12,13,14,15, 16,17 & Over
71	72	9	50m	Breaststroke
73	74	11	100m	Backstroke
75	76	12	100m	Butterfly
77	78	13	100m	Freestyle
79	80	14	100m	Backstroke
81	82	15	100m	Freestyle
83	84	16	100m	Breaststroke
85	86	17	100m	Backstroke
87	88	Open	100m	Butterfly
89	90	9	100m	Freestyle
91	92	10	100m	Freestyle
93	94	11 & O	200	IM Medals awarded 11,12,13,14,15, 16,17 & Over
SUNDAY 1 ST SESSION FINALS				
F73	F74	11	100m	Backstroke
F75	F76	12	100m	Butterfly
F77	F78	13	100m	Freestyle
F79	F80	14	100m	Backstroke
F81	F82	15	100m	Freestyle
F83	F84	16	100m	Breaststroke
F85	F86	17	100m	Backstroke
F87	F88	Open	100m	Butterfly
F95 Mixed 1 boy & 1 girl 13 & Under and 1 boy & 1 girl 14 & Over			200m	Medley Relay

FIFTH SESSION

Sunday Afternoon 4th March 2012

SUNDAY 2 ND SESSION				
96	97	11 & O	200m	Butterfly Medals awarded 11,12,13,14,15, 16,17 & Over
98	99	9	50m	Freestyle
100	101	10	100m	Breaststroke
102	103	11	100m	Butterfly
104	105	12	100m	Freestyle
106	107	13	100m	Breaststroke
108	109	14	100m	Butterfly
110	111	15	100m	Breaststroke
112	113	16	100m	Backstroke
114	115	17	100m	Butterfly
116	117	Open	100m	Freestyle
SUNDAY 2 ND SESSION FINALS				
F102	F103	11	100m	Butterfly
F104	F105	12	100m	Freestyle
F106	F107	13	100m	Breaststroke
F108	F109	14	100m	Butterfly
F110	F111	15	100m	Breaststroke
F112	F113	16	100m	Backstroke
F114	F115	17	100m	Butterfly
F116	F117	Open	100m	Freestyle

Club Spirit Award:
First place \$100
Second place \$50

Please check the psych sheets on the psych sheet page of the Wide Bay website once nominations close. Any queries must then be made through the club's Race Secretaries to Rose Harris through the nominations@widebayswimming.org.au email address.



McDONALD'S WIDE BAY CHAMPIONSHIPS QUALIFYING TIMES

Revised November 6, 2011

Boys:

AGE	50m Back	50m Breast	50m Fly	50m Free	100m Free
9	0:59	1:04	0:59	0:50	1:46.00

AGE	100m Back	100m Breast	100m Fly	100m Free	50m Free (open)
10	1:50.00	2:02.00	1:53.00	1:35.00	0:40.00
11	1:44.00	1:56.00	1:47.00	1:29.00	0:39.00
12	1:39.00	1:50.00	1:42.00	1:23.00	0:36.00
13	1:34.00	1:41.00	1:32.00	1:19.00	0:34.00
14	1:29.00	1:39.00	1:29.00	1:13.00	0:33.00
15	1:25.00	1:37.00	1:24.00	1:10.00	0:32.00
16	1:22.00	1:32.00	1:22.00	1:09.00	0:31.00
Open	1:21.00	1:32.00	1:21.00	1:09.00	0:31.00

AGE	200m Back	200m Breast	200m Fly	200m Free	200m IM
9-10	N/A	N/A	N/A	N/A	3:35.00
11-12	3:28.00	3:50.00	3:34.00	2:56.00	3:28.00
13-14	3:08.00	3:28.00	3:08.00	2:36.00	3:08.00
15/over	3:00.00	3:24.00	2:58.00	2:30.00	3:00.00

Age	400 IM	400m Free
11-14	6:31.00	5:46.00
15/over	5:51.00	5:02.00

Age	1500m
12-13	20:40.00
14	20:20.00
15	19:35.00
16	18:45.00
Open	18:35.00



McDONALD'S WIDE BAY CHAMPIONSHIPS QUALIFYING TIMES

Revised November 6, 2011

Girls:

AGE	50m Back	50m Breast	50m Fly	50m Free	100m Free
9	00:59.00	01:04.00	00:59.00	00:50.00	01:46.00

AGE	100m Back	100m Breast	100m Fly	100m Free	50m Free (open)
10	1:50.00	2:02.00	1:53.00	1:35.00	0:40.00
11	1:44.00	1:56.00	1:47.00	1:29.00	0:39.00
12	1:39.00	1:50.00	1:42.00	1:23.00	0:36.00
13	1:37.00	1:44.00	1:35.00	1:21.00	0:34.00
14	1:33.00	1:43.00	1:32.00	1:18.00	0:33.00
15	1:29.00	1:41.00	1:31.00	1:17.00	0:32.00
16	1:27.00	1:37.00	1:28.00	1:16.00	0:31.00
Open	1:25.00	1:36.00	1:26.00	1:16.00	0:31.00

AGE	200m Back	200m Breast	200m Fly	200m Free	200m IM
9-10	N/A	N/A	N/A	N/A	3:35.00
11-12	3:28.00	3:50.00	3:34.00	2:56.00	3:28.00
13-14	3:16.00	3:36.00	3:14.00	2:46.00	3:16.00
15/over	3:08.00	3:32.00	3:12.00	2:44.00	3:08.00

Age	400 IM	400m Free
11-14	6:55.00	6:10.00
15/over	6:39.00	5:55.00

Age	800m
12-13	11:25.00
14	11:20.00
15	11:00.00
16	10:50.00
Open	10:45.00

