

### **Wide Bay Relay Teams for QLD State Championships**

Teams are selected based on recorded time swum at an official SQ meet (this does not include school swimming) between State Sprints in February and end of swimming on Saturday at City of Charm. Teams will be displayed at City of Charm and on the Wide Bay website on the Sunday. Swimmers have to be there on Wednesday of that week to confirm their spot. Reserves are named via the website with daily updates.

Coaches are appointed and Managers too. Swimmers are provided with a WB swim cap and are recognized at the presentation dinner.

### **Wide Bay Relay Teams for QLD State Championships**

Please read the following notice and telephone (0431 254 994) or email me if you have any questions:

Team managers will be:

Team managers: Michele Watson, Jessica Sallaway

Team Coaches: Jan Jopson

Please assemble at 10.00am along the western or entry side of the stadium. Michele will be past the food stands along the end checking off swimmers as they arrive.

Swimmers will then have the option of warming up with their own club or warming up with the two Wide Bay coaches. If warming up with their club coaches, swimmers will be required to provide a mobile phone number so they can be contacted if they have not come to the managers prior to marshalling time.

If they are warming up with Wide Bay coaches they can leave their gear with Gayle who will be in the stands above the diving pool on the western side of the pool.

Caps will be provided to the swimmers as they check in on arrival.

A Wide Bay manager or coach will accompany each team to marshalling to ensure teams are marshalled correctly.

PS. Presentations will be made to Wide Bay relay swimmers at the Wide Bay Presentation dinner at the end of the season.

Cheers

Michele Watson